



NOT SURE IF YOU HAVE ENOUGH TIME?

Our key ask is that you attend at least 3 (out of 6) network meetings a year. Other aspects which are key to the role should not require additional time or capacity as they form part of day-to-day interactions with colleagues and those who access our services.

CONTACT US

If you are interested in signing up or finding out more, please visit our webpage here:
<https://tinyurl.com/inclusionhealthchampions>



42%
of English Gypsies
are affected by a
long-term
condition,
compared to 18%
of the general
population



Would you like to be part of a network that drives meaningful change for the most excluded people within our communities?

WHAT IS INCLUSION HEALTH?

It is a term used to describe people who are socially excluded, who often experience poorer health outcomes than the general population.

This includes people who experience:

- homelessness,
- drug and alcohol dependence,
- vulnerable migrants,
- Gypsy, Roma and Traveller communities,
- sex workers,
- people in contact with the justice system,
- victims of modern slavery.

WHAT DO CHAMPIONS DO?

- Provide information, signposting and sharing knowledge about inclusion health.
- Share good practice and learning with their team or other teams to help promote change.
- Be visible and approachable to colleagues.
- Encourage and role model positive ways of working.
- Participate as part of a network who have power drive meaningful change.
- Advocate for people from inclusion health groups.
- Build opportunities to connect with people with lived experience, understand their challenges and share these insights with the system.

WHY IS THIS ROLE IMPORTANT?

People from Inclusion Health Groups experience social exclusion, and multiple overlapping risk factors for poor health such as poverty, violence and complex trauma.

People belonging to inclusion groups, tend to have very poor health outcomes, often much worse than the general population and a lower average age of death. This contributes considerably to increasing health inequalities.

WHAT'S INVOLVED?

- Attend a minimum of 3 network meetings a year.
- Complete introductory training on inclusion health.
- Share learning with your team
- advocate for inclusion health.

WHAT DIFFERENCE WILL I BE ABLE TO MAKE?

You will be part of a collective movement to ensure that people from Inclusion Health Groups:

- Feel seen and heard by the system.
- Have increased confidence that services will meet their needs, recognise their strengths and treat them with respect and dignity.

WHAT ARE THE BENEFITS TO ME?

- Access to training, education and resources.
- Develop your skills.
- Opportunity to get involved in projects.
- Be part of a network who have power drive meaningful change.

The average age at death for homeless men is 45

