

EVENT GUIDE



Humber Bridge Country Park Local Nature Reserve Dementia Access Evaluation Project with Dementia Adventure 16th & 17th April 2026

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MEETING POINT

Humber Wellbeing Hub
Humber Bridge Country Park
Humber Bridge
Hessel
HU13 0HX



<https://humberwellbeinghub.com/whats-on/>

Please see the map on page 2



(Picture of the Humber Wellbeing Hub)

PARKING

Turn off Ferriby Road at the Humber Bridge Country Park road sign (see photo). Signs are on both sides of the access road so can be seen by visitors travelling in either direction on Ferriby Road.

Using the map on page 2, follow the purple arrows marked showing the route from Ferriby Road to The Humber Wellbeing Hub. The meeting point is in the Car Park of the Humber Bridge Country Park and Nature Reserve.

Drive past the Lorry Park, through the Bridge Car park, past the Coach Park and into the lower car park. You will see the Humber Bridge Wellbeing Hub building in the Car Park (see picture above).



Humber Bridge Country Park

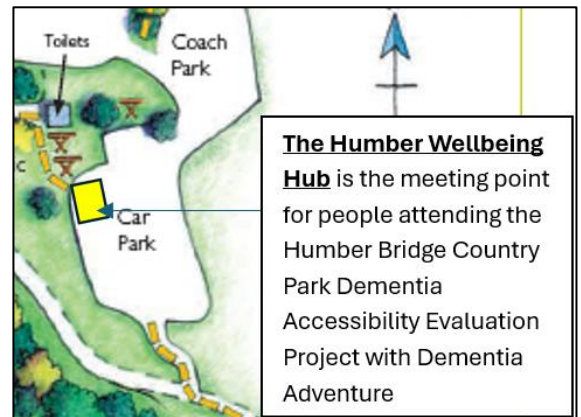
Local Nature Reserve



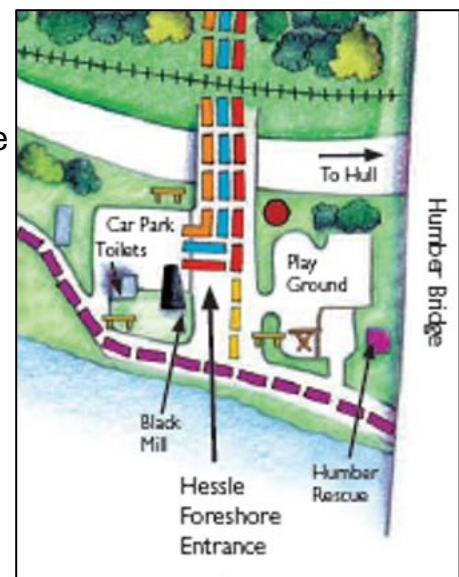
TOILETS

Toilets are available:

- In the Humber Wellbeing Hub building. Marked on the map as a yellow rectangle. (see map to the right and on page 2)
- Public toilets are also available in a separate building in the car park next to the Humber Wellbeing Hub. Marked on the map as a blue square. (see map to the right and on page 2)



- In the car park at the southern end of the park at the Hessell Foreshore entrance. Marked on the map as a blue square. (see map to the right and on page 2)



REFRESHMENTS

Tea, coffee, soft drinks and biscuits will be available FREE of charge on the day, on arrival and prior to your departure. We recommend that you bring a bottle of water to carry with you as we walk around the park. We suggest you bring a small bag or rucksack to put this in.

LUNCH/ FOOD

We are not providing any food at this event, but please do bring a packed lunch to enjoy in the park following our session.

FIRST AID

The event leader is trained in First Aid and will carry a simple first aid kit during your visit. However, visitors are advised that they are responsible for their own health, safety and wellbeing during their visit to the Humber Bridge Country Park.

The primary role of the staff in attendance is to provide visitors with:

- a guided tour of the site
- information about the site and its facilities
- support in undertaking an evaluation of the accessibility of the site with guests – by asking evaluative questions and collecting feedback.

PARK INFORMATION

The Humber Bridge Country Park (or Little Switzerland as it is known locally) is a 48 acre woodland with open meadows and wildlife ponds. Some of the meadows are kept neat to enable picnics and games in the summertime, others are left wild to encourage wildlife. There are various walking trails to choose from, varying in length and ability, and along each trail you will have the opportunity to spot birds, butterflies, and even newts and fish in the ponds.

PARK ACCESSIBILITY

Access to the reserve can be made on three paths leading from entrances at Hessle Foreshore, Little Switzerland and the Bridge Car Park. Parking is available in the Foreshore and Humber Bridge car parks. Due to the old quarrying landscape only the Hessle Foreshore entrance is accessible on a flat, level step-free path, through a wide kissing gate suitable for the majority wheelchairs and modern scooters. All the trails start from this location, and alternative paths are provided around the steps. The Meadow Trail is 1km, Cliff Trail 3km and Pond Trail 2.5km (a short extra path leads to the wildlife pond, from here return to the trail back the same way).

A hard, firm and smooth path surface is provided throughout the reserve, which is always wide enough to allow people to walk side by side. There are rest areas, such as seats or perches provided every 100 metres along the paths, and the picnic areas are designed to accommodate visitors using wheelchairs. The maximum steepness of the

paths is 1:12, apart one path on the Cliff Trail, in the southwest corner of the reserve, where there is a 1:5 slope for 10m.

Interpretation boards will provide you with further information to help you enjoy your visit. Toilets are available on the foreshore near the Black Mill, and in the upper car park. The Country Park Inn pub is next to the Black Mill.

The park is accessible to all, wheelchairs can gain access from the Hessle Foreshore entrance. Alternatively, you can park in the Humber Bridge car park and walk down into the park (this route includes steps - including a flight of 100 steps at the entrance to the park – see *photos below*). Please see the visitor information leaflet and map attached for further details.



TIMETABLE FOR YOUR VISIT

(Timings are approximate)

Arrival

Please arrive promptly for the start time of your booked visit with us.

Welcome

(15 minutes)

On arrival we will serve refreshments (tea, coffee, soft drinks and biscuits) giving visitors time to meet one another, get to meet the staff informally and have some time to relax following their journey to the park.

Introduction

(15 minutes)

We will provide a brief explanation of the session covering the following:

- What is Dementia Adventure and what do they do?
- Why is Dementia Adventure evaluating dementia accessibility at the Humber Bridge Country Park?
- What will guests be doing during their visit?
 - **PART ONE:** Explore together what information people living with dementia and their carers look for about a venue before visiting. *(See appendix to view all questions)*
 - **PART TWO:** First impressions – How easy is it to get to the park and on arriving, what are your first impressions?
(See appendix to view all questions)
 - **PART THREE:** Taking a guided tour of the park
 - **PART FOUR:** Summing Up whilst sharing refreshments at the Hub

Guided Tour of the Park

(1 hour)

Guest will be taken on a circular guided tour of the site by Gordon Malcolm & Bev Hylton and asked a series of questions to share their reflections & ideas regarding:

- Is it easy to find your way around?
- How accessible is the site?
- What do you like?
- What could be improved?

(See appendix to view all questions)

Refreshments at the Hub

(30 minutes)

Summing Up - Whilst sharing refreshments at the Hub we will summarise the outcome of the session by reviewing:

- What guests liked about the site?
- What can be improved?

DEPARTURE

APPENDIX

Below is a list of questions that will be discussed during your visit. **You do not have to do anything with these**; they have been provided **purely for reference** should you be interested to know more about the areas we will be exploring together.

PART ONE: Explore together what information people living with dementia and their carers look for about a venue before visiting.

- 1) What information would people living with or supporting a person living with dementia look for about a country park before wanting to visit?
- 2) What would motivate you to visit the park?
- 3) How would you prefer this information to be presented?
- 4) What information would encourage you to attend?
- 5) What facilities would you need?
- 6) What do you think of the information that is already available? What are your first impressions? Do you have any ideas of things that could be improved to make it more dementia accessible? Does this information make you feel confident about visiting the site? (I will have enlarged copies of the information from the website and leaflets for guests to have a look at.

PART TWO: FIRST IMPRESSIONS

- 1) Is it easy to find? (for guests travelling to the site using private or public transport)
- 2) How does it make you feel when you first arrive on the site? Is it calm or confusing?
- 3) Quality of the facilities - What do you think of the parking, signage, route signage, seating etc? Is it easy to find and use the toilet?
- 4) Does the site meet your needs?
- 5) How confident do you feel about exploring the site?
- 6) Do you have any ideas of things that could be improved to make it more dementia accessible?

PART THREE: IS IT EASY TO FIND YOUR WAY AROUND?

- 1) Does the park feel safe? (Are hazards like crossings, kerbs, steps, ramps clearly marked? Are there easy-to-see handrails on all ramps and stairs?)
- 2) Does the flooring surface cause you any problems?
- 3) Can you find a route around the site that meets your needs?
- 4) What is the signage like? Are there signs to help you get in and out of the park easily?
- 5) Are there regular spaces to sit, rest and relax? Is there good signage to these? Is the furniture accessible, safe and clearly identifiable?
- 6) Is everything you need clearly visible - does it contrast well with its surroundings?
- 7) What is the general atmosphere? Does it give you a sense of security?

PART 4: SUMMING UP

- 1) What are our overall impressions of the park?
- 2) What did you like/ enjoy most about your visit?
- 3) How could accessibility for people living with dementia be improved?