



HEALTH & WELLBEING FAIR

For Hedon & Surrounding Villages

Saturday 9th May • 10am - 2pm

Hedon Methodist Church & Community Hub



Meet Local Organisations:

- NHS Health Services
- Mental Health Support
- Fitness & Wellbeing Groups
- Social Care Support
- Healthy Lifestyle Advice
- Community Services
- And More!

— Refreshments Available —

Tea, Coffee & Cake!

community@hedonmethodistchurch.org.uk