

# **BET YOU CAN HELP** PROGRAMME

PRACTICAL FIRST AID FOR GAMBLING RELATED HARM



NECA, Beacon Counselling Trust, ARA Recovery For All, RCA Trust Scotland, Breakeven, Aquarius and Betknowmore are delivering a practical first aid approach programme to tackle gambling related harm across England, Scotland and Wales

If you work in a public facing role, or are interested in learning more about how gambling related harm can impact individuals and those affected by somebody else's gambling we have training available.

## FULLY FUNDED TRAINING AVAILABLE

**'BET YOU CAN HELP NOW!' IS A 90-MINUTE AWARENESS RAISING WORKSHOP ACCREDITED BY THE ROYAL SOCIETY FOR PUBLIC HEALTH, DESIGNED TO INCREASE KNOWLEDGE AND UNDERSTANDING OF GAMBLING HARM AND THE APPROPRIATE LEVELS OF SUPPORT WHICH ARE AVAILABLE.**

### LEARNING OUTCOMES INCLUDE:

- Learners will develop their knowledge, skills, understanding and awareness of gambling related harm (GRH).
- Learners will understand the nature of gambling and gambling related harm and the impact on health and wellbeing.
- Learners will know how to provide help and support to an individual at risk of, or affected by, gambling related harm and signpost to appropriate specialist services

### Upcoming online dates available:

Thursday 8 January 10.00-11.30

Tuesday 27 January 13.00-14.30

Thursday 5 February 10.00-11.30

Friday 27 February 13.00-14.30

Tuesday 3 March 10.00-11.30

Thursday 26 March 13.00-14.30

**2026 DATES  
RELEASED**

**TO FIND OUT MORE AND REGISTER YOUR INTEREST EMAIL:**

**[info@neca.co.uk](mailto:info@neca.co.uk)**



**Breakeven**

