

Join our virtual 'More than Weight' network event

What does healthy weight mean to you?

Monday, 24 November 2025 (11.30am to 1.30pm)

Explore the move to a compassionate approach to weight and share your thoughts with public health to help shape the future of weight in the East Riding.

Everyone is welcome to attend the online event, whether your interest in weight is personal, work-related or through lived experience.

To register or find out more, scan the QR code, visit the webpage or email:
eryc.link/healthy-weight-events **sarah.chisholm@eastriding.gov.uk**



EAST RIDING
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