



In aid of suicide prevention awareness

10th-15th September 2025

Wednesday 10th September

Walk for Hope

(Led by **ft fitmums™** and friends)

A guided walk from East Park to the Humber Wellbeing Hub in Hessle. Support services will be stationed at cafe's along the route.

Saturday 13th and

Sunday 14th September

Wellbeing Weekend

The Humber Wellbeing Hub will host a timetable of activities such as; yoga, reiki, soundbaths and a crafternoon.

Thursday 11th September

Business for Hope

Providing Zero Suicide Awareness Training

Friday 12th September

Hope in Education

Promoting mental health awareness through assemblies and activities.

Monday 15th September

Festival Finale

Located at the Humber Bridge Car Park, the festival will end with live entertainment, a funfair and stalls. We will host the Baton of Hope and end with a candlelight vigil.



NHS
Humber and
North Yorkshire
Integrated Care Board (ICB)



EAST RIDING
OF YORKSHIRE COUNCIL



arco Blossom
Experts in Safety Blossom Self-Harm and suicide prevention service.

hwh-festivalofhope.com

info@hwh-festivalofhope.com

Humber Wellbeing Hub, Country Park,

Humber Bridge, Hessle, HU13 OHX