





in your community? could spare some time to help residents or are you a local community group that

Volunteers could help with: help and support to fellow residents. Good Neighbour volunteers offer

- Driving
- Dog walking
- Shopping

- with a neighbour Sharing some time
- around the home **Practical tasks**



As a Good Neighbour

volunteer you could support fellow residents who need help in your community with:

Shopping

Sharing time

with a neighbour

- Practical tasks
- around the home

Attending

As a volunteer you would:

- Help to build community Identify local need and develop solutions
- Help each other to enjoy a better quality of life