



Group walks for people with Additional Needs

A free, fun fitness walk for people who perhaps require extra support or assistance, led by friendly and encouraging Walk Leaders around the beautiful East Park.

Where: East Park Pavillion, East Park, Hull

When: Thursday 9.30am (term time only)

Cost: Free

For more information please email michelle@fitmums.org.uk



✉ admin@fitmums.org.uk

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