

Do you enjoy being outdoors and in nature?

Have you had a baby in the last 10 years and experienced mental health problems at any time between their birth and second birthday?

We are looking for 5 parents or carers (fathers and grandparents welcome) to attend 2 patient and public involvement groups to help inform the development of some exciting new research in our area.



Where:

We will hold the first session at Pearson Park Hull HU5 2GT on Wednesday 20th August 10:00am-12pm

This will be followed by an online session. The date will be planned to suit your preferences.

You will receive a £25 Love2Shop voucher for each session, expenses and cofffee/cake!

If you need to bring your child/children please do, this is an informal session (although we cannot provide childminding on the day).



Contact: Tracey Dorey (Research fellow, Humber NHS Teaching Foundation Trust) tracey.dorey1@nhs.net to find out more